

LAUGH, LOVE AND LEARN THIS WEEK ON UBI WORLD TV...WHERE YOUR HEART BELONGS

Whether you're in the mood for a good laugh, want to experience romance, or simply wish to be informed of the latest news and events in Greece, UBI World TV, Australia's leading provider of the best Greek channels broadcasting direct from Greece and Cyprus, has lined up an amazing array of top-notch programming - all week long!

Everything on Air - Mega Cosmos

Glitz and glamour... it's part and parcel of being a TV personality but on most days this is not always true!

From Mega Cosmos, Greece's number one channel, comes a light romantic comedy series where everything that happens - on and off-camera at TV station 'Link TV' - makes an exciting backdrop.

Meet Sonia (Maria Lekaki), main anchor of the informative TV show 'See it like this'. She is strong, sensitive, clever and romantic but her life is not a bed of roses. As a busy TV



presenter, her daily routine is hell. She tries to balance her professional and personal life, which is not always easy.

Especially when she must face a very demanding director (Katiana Balanika), a juicy presenter (Penelopi Anastasopoulou), an honest soul mate (Vicky Volioti), a cameraman by accident (Solonas Tsounis), a son that sees her as a friend, and a father that wants to take her place in the show (Dimitris Kalivokas). Through it all, what she really

needs is to find a space for love, which she finds in the reassuring arms of her best friend (Christos Plainis).

Everything needs time, but time is the only thing that seems to be lacking in Sonia's busy world.

Watch the enjoyable comedy series that plays *Everything on Air* every Sunday at 13.00pm AEDT and every Monday at 13.30pm AEDT on Mega Cosmos, ex-



clusively on UBI.

Main News Bulletin - Alter Globe

Get the latest news from Greece and around the world in detail with up-to-the-minute reports and live connections on Alter Globe's top-rating Main News Bulletin.

Alter's formidable news team works in collaboration with a strong network of correspondents, on hand to cover wherever and whenever the news breaks.

Every element of the news that goes to air is analysed to deliver a compelling story. Anchored by Greece's most distinguished TV news presenter, Nikos Hatzinikolaou,



Main News Bulletin delivers the news with passion, boldness and respect.

Stay connected to Greece with Alter's Main News Bulletin everyday at 3.00am and 9.00am AEDT LIVE and on weekends at 1.45am AEDT on the TV channel that explodes with entertainment, Alter Globe, exclusively on UBI. Get the largest

and the best Greek TV and radio service in Australia and New Zealand. Subscribe NOW to receive a great offer. Simply call 1300 400 800 from anywhere in Australia, 0800 4000 23 from anywhere in New Zealand or visit www.ubiworldtv.com.

For further information (Media Only), contact: Emilio Simbillo - Communications Specialist, UBI World TV (61 2) 9776 2036 emilio.simbillo@ubiworldtv.com

Celebrate International Women's Day "Renew, Refresh, Revive - Women and Health"

The Mayor of the City of Canterbury, Cr Robert Furolo MP, is encouraging residents to celebrate International Women's Day at a FREE Women's Health Day on Monday 8 March.

"International Women's Day gives us an opportunity for us all to celebrate the achievement of local women and acknowledge their wonderful contribution to our community," Mayor Robert Furolo said.

"This year, our Women's Health Day is designed to highlight the importance of the health and wellbeing of women and is jam-packed with workshops, entertainment and activities. "We often hear of selfless women putting their family and friends first, and not taking the time to really look after themselves or even being able to find the time.

"But it's really important for everyone to make time to live a healthier lifestyle - it not only benefits you, but those around you as well.

"I encourage women to come along to our free Women's Health Day to get inspired with new and interesting ways to get healthy and also enjoy a fantastic day out with other women.

"There'll be drumming workshops, Tai Chi, Dabke Dancing, health checks by Diabetes NSW, performances by the Older Women's Network Theatre Group and plenty of

freebies and information available.

"Health is one of the most important issues facing women today and is also something that can drastically improve the quality of life of women.

"Come along and find out more about your health and what you can do to improve it," Mayor Robert Furolo said.

International Women's Day originated over 100 years ago and is all about equality between genders and bringing issues affecting women out into the open.

In conjunction with the Canterbury Women's Issues Network and the Office of Women's Policy, Council presents a Women's Health Day - highlighting the importance of the health of women in our area.

The Women's Health Day, is on Monday 8 March, from 10am - 1pm at Anzac Park, Anzac Square, Campsie. A free bus will pick up and return participants from outside the following centres:

Riverwood: Riverwood Community Centre, 151 Belmore Rd North, 9.15am

Earlwood: Earlwood Caring Community Centre, 15 Clarke St - 9.45am

Seats are limited, bookings essential. Childcare will be available - bookings also essential. For bookings or more information please call 9789 9441.

Η ΟΡΓΑΝΩΣΗ ΕΛΛΗΝΙΔΩΝ & ΕΛΛΗΝΟΚΥΠΡΙΩΝ ΓΥΝΑΙΚΩΝ ΑΥΣΤΡΑΛΙΑΣ



OEEGA NSW INC

ΣΑΣ ΠΡΟΣΚΑΛΕΙ
ΣΕ ΕΟΡΤΑΣΤΙΚΟ ΑΠΟΓΕΥΜΑΤΙΝΟ ΤΣΑΪ
ΓΙΑ ΤΗΝ ΗΜΕΡΑ ΤΗΣ ΓΥΝΑΙΚΑΣ 2010

ΑΥΤΗ ΤΗΝ ΚΥΡΙΑΚΗ 7 ΜΑΡΤΙΟΥ 2010
ΩΡΑ 3.00 Μ.Μ.
ΣΤΟ ΠΟΝΤΙΑΚΟ ΣΠΙΤΙ
15 RIVERVIEW ROAD EARLWOOD

SPECIAL GUEST SPEAKER:
SOCIOLOGIST AND SOCIAL ACTIVIST
MRS DOROTHY BUCKLAND-FULLER AM MBE

ΘΑ ΒΡΑΒΕΥΘΟΥΝ ΕΛΛΗΝΙΔΕΣ ΤΟΥ ΣΥΔΝΕΪ
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